

## Family counselors for adult patients in medium and intensive care

A member of your family or a friend has recently been admitted to the medium or intensive care ward for adults, at Amsterdam UMC, locatie VUmc 2D, 6D or 7D.

A stay at one of these wards is sure to make a deep impression, not only on the patient but also on the patient's close friends and family. You may find yourself experiencing feelings of uncertainty, stress, fear, anger or sorrow, and in need of some additional support. If you feel such a need, you can call on our family counselors.

## What can the family counselors do for you?

Family counselors can offer guidance and assistance to a patient's family and friends, throughout the patient's stay on the ward. They can also provide extra support in stressful situations, at emotional moments or during periods of great uncertainty. You can go to them with non-medical questions, but also if you have a complaint.

Family counselors visit the family rooms at all three locations several times a day. You are welcome to tell them what's on your mind or simply have a chat over a cup of coffee. They are also there to help you think about practical matters such as arranging a room in our guest facilities or scheduling a talk with a doctor or nurse. Family counselors can also provide information on medical social work or the pastoral centre, and make an appointment for you.

## Availability and contact details

The family counselors are on the wards between 11.15 and 19.45 from Monday to Friday.

Since the family counselors work at three locations, they might not be present when you call at a particular location. If you would like to talk to one of them, you can reach her through the nursing staff or call one of the following telephone numbers: (020) 444 2315 or 06 81537800 (mobile).